




## Helena Martínez-Cabrera

**Date of birth:** 16/02/1988


**Nationality:** Spanish


**Gender:** Female


### CONTACT

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Compostela, Spain (**Home**)

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 helenamc16 (**Skype**)

### ABOUT ME

Research Assistant and PhD candidate at the Fisheries and Natural Resource Economics Research Unit, based in the University of Santiago de Compostela, my research interests revolve around Economic Sociology, Collective Action and Rural Development, and more specifically on the links between quality of life, agency-empowerment and economic specialisation. Passionate about the topic "social limits to sustainability transitions". Specialised in proposal writing for competitive EU R&I calls

### WORK EXPERIENCE

- **01/02/2023 - CURRENT** Santiago de Compostela, Spain  
**Assistant researcher Project "Impacts of illegal fishing and shellfish poaching in Galicia"** University of Santiago de Compostela
- **01/11/2021 - CURRENT** Santiago de Compostela, Spain  
**Research fellow project "Liveability and economic specialisation" (Phd project)** Fundación Segundo Gil Dávila
- **04/07/2022 - 31/10/2022** Santiago de Compostela, Spain  
**Research assistant project "Gender equity in the Galician fishing sector"** University of Santiago de Compostela
- **01/11/2019 - 30/10/2021** Santiago de Compostela, Spain  
**Research Assistant in the project "Input Output Tables of the Galician Fishing Sector"** University of Santiago de Compostela
- **01/11/2019 - 31/01/2023** Santiago de Compostela, Spain  
**Research fellow for the 2019-2020, 2020-2021 and 2021-2022 academic years (part time)** Provincial Government of A Coruña  
**Address** Santiago de Compostela, Spain
- **01/12/2018 - 01/11/2019** A Coruña, Spain  
**Environmental & Wellbeing Project Manager** MEDATLAN TIA European Consultancy  
**Address** A Coruña, Spain
- **01/05/2018 - 01/12/2018**  
**Assistant manager for cooperatives and social economy** Espazocoop Cooperatives Union  
**Address** Ferrol, Spain
- **01/03/2017 - 01/03/2018**  
**Research assistant TRANSIT FP7 & CONNECTING H2020** University of A Coruña  
**Address** A Coruña, Spain

01/04/2014 – 01/04/2018

**Research and management assistant GLAMURS FP7 project** University of A Coruña

**Address** A Coruña, Spain

01/04/2011 – 01/01/2013

**Junior Researcher Project "Social movements and young activists"** Pompeu Fabra University

**Address** Barcelona, Spain

## EDUCATION AND TRAINING

01/04/2023 – CURRENT

**Critical discourse Analysis** Centre of Discourse Studies

17/03/2023 – 24/03/2023

**Introduction to spatial econometrics in Rstudio** University of Santiago de Compostela-EDIUS

06/03/2023 – 22/03/2023

**Introduction to Statistics in Rstudio** University of Santiago de Compostela-PFID

05/07/2022 – 08/07/2022 Santiago de Compostela, Spain

**Introduction to geographic and cartographic information systems using R** University of Santiago de Compostela-Summer School

**Address** Santiago de Compostela, Spain

04/07/2022 – 05/07/2022 Castelló, Spain

**Workshop on Quantitative research techniques- Structural Equations Models (SEM)** Department of Economics University Jaume I

**Address** Castelló, Spain

01/11/2021 – 31/03/2022 Praia, Cape Verde

**Pre-doctoral research stay** University of Cape Verde

**Address** Praia, Cape Verde

13/10/2020 – 16/10/2020

**Elaboration of RDI projects. From H2020 to Horizon Europe.** FEUGA

27/11/2020 – 11/12/2020

**Geospatial analysis techniques** International School of Doctoral Studies (USC)

01/04/2017 – 01/10/2017 A Coruña, Spain

**Certificate in Multivariate Statistics and Structural Equation Modelling with SPSS/AMOS** University of A Coruña

**Address** A Coruña, Spain

01/09/2014 – 03/11/2016 Santiago de Compostela, Spain

**Master of Economic Development and Innovation** University of Santiago de Compostela

**Address** Santiago de Compostela, Spain | **Level in EQF** EQF level 7

**01/09/2012 – 03/06/2013** Barcelona, Spain

**Master in Social Policy and Community Mediation** Institute of Government and Public Policy (IGOP) Autonomous University of Barcelona

**Address** Barcelona, Spain | **Level in EQF** EQF level 7

**01/09/2006 – 01/04/2011** Barcelona, Spain

**Bachelor's Degree in Political and Administration Science** Pompeu Fabra University

**Address** Barcelona, Spain | **Level in EQF** EQF level 6

**01/09/2009 – 01/06/2010** Canterbury, United Kingdom

**Erasmus Exchange Programme, Bachelor's Degree in Political Science** University of Kent

**Address** Canterbury, United Kingdom | **Level in EQF** EQF level 6

## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Spanish | Galician

**Other language(s):**

**English**

**Listening**  
C1

**Reading**  
C2

**Spoken production**  
C1

**Spoken interaction**  
C1

**Writing**  
C2

**Catalan**

**Listening**  
C2

**Reading**  
C2

**Spoken production**  
C2

**Spoken interaction**  
C2

**Writing**  
C1

**Portuguese**

**Listening**  
C1

**Reading**  
C1

**Spoken production**  
B2

**Spoken interaction**  
B2

**Writing**  
B2

**Cape Verdean Creole**

**Listening**  
B1

**Reading**  
B2

**Spoken production**  
B1

**Spoken interaction**  
B1

**Writing**  
B1

## DIGITAL SKILLS

QGIS | Microsoft Office | Social Media | Outlook | R | SPSS | Atlas.ti

## ADDITIONAL INFORMATION

**Language certifications**

**English C2.1 (CEFR)**

English certification of level C 2.1.(Common European Framework of Reference)

**Português B2 (CEFR)**

Certificado B2 Língua Portuguesa (Common European Framework of Reference).

**Galego CELGA 4**

## Publications, reports & other non-academic dissemination pieces

### Selected pieces

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- Martínez Ballesteros, H.; Rodríguez Rodríguez, G.; Martínez-Cabrera, H.; Sánchez Llamas, E.; Lago Rama, P. & García-Negro, M.do C. (2022). Saltarse las reglas como refuerzo de la comunidad. Explorando las condiciones para la aceptación del furtivismo marisquero en Esteiro- Muros (Galicia). *Anuario de Estudos Marítimos*, 1, 2022, 231-153. 29/03/2022
- Rodríguez-Rodríguez, G.; Ballesteros, H.M.; Martínez-Cabrera, H.; Vilela, R.; Pennino, M.G. & Bellido, J.M. (2021). On the Role of Perception: Understanding Stakeholders' Collaboration in Natural Resources Management through the Evolutionary Theory of Innovation. *Sustainability*, 2021, 13 (6), 3564. 23/03/2021. <https://doi.org/10.3390/su13063564>.
- Martínez Ballesteros, H.; Rodríguez Rodríguez, G.; Ferreiro-Seoane, F.J. & Martínez-Cabrera, H. (2020). The Fewer Insider Poachers, the More Normative Compliance: Clues for Managing Poaching in the Shellfish Sector, *Deviant Behaviour*, 41 - 12, Taylor & Francis online.
- Martínez Cabrera, H.; Rodríguez Rodríguez, G. & Martínez Ballesteros, H. (2020). Degradation of social institutions and land use: unfolding feedback mechanisms between afforestation with fast-growing species and living conditions in rural areas. *Revista Galega de Economía*, 29 (2), 1 - 18.
- Martínez-Cabrera, H. (07/26/2018). El telón de fondo de los incendios en Galicia: piezas para un mosaico. *Público*.
- Martínez-Cabrera, H. & Rodríguez, G. (2016). *Sense of place and Eucalyptus trees: an interdisciplinary approach to the state of the Galician forests*. (Master's thesis, University of Santiago de Compostela, Spain). Retrieved from: <http://hdl.handle.net/10347/23038>.
- García-Mira, R.; Martínez Cabrera, H.; Dumitru, A. & Lema-Blanco, I. (2015). Survey on Public Perception of Environmental Risks: Spanish Focus Group Report. In Collingwood Environmental Planning (coord.). *Survey on public perception of environmental risks. European Commission's DG Environment*. Contract N° ENV.F.3/ETU/2014/0037. doi:10.2779/419439.
- Mir, J. (Coord.); Canut, M.; Fernández Buey, F.; Fishman, R.M.; Martínez Cabrera, E.; Nuño de la Rosa, J.; Todó, V. & Villacampa, H. (2015). *Moviments socials i joves activistes. Una aproximació qualitativa de la participació de la joventut en organitzacions polítiques no convencionals*. Barcelona: Generalitat de Catalunya. Departament de Benestar Social i Família. Direcció General de Joventut.

## Fellowships & awards

### Research and postgraduate

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- Research fellowship 2022 & 2023 Fundación Segundo Gil Dávila.
- Erasmus KA107 fellowship predoctoral research stay at the University of Cape Verde.
- Research fellowship 2019-2020, 2020-2021 and 2021-2022 in Social Sciences. Provincial Government of A Coruña (Spain).
- Quality Certification of Master Thesis "Sense of place and eucalyptus trees: an interdisciplinary approach to the state of the Galician woodlands" in the III Edition of the Jesús García-Calvo Award for Research on Rural Development and Cooperativism organized (University of Santiago de Compostela, Spain). (2017).
- Research fellowship (2011-2013) for the study of youth political participation. (Catalan Youth Agency, 2011).